

Sport

Indoor Cycling

Campus: North Notts College - Worksop Campus
Code: NACSP006

About This Course

A
high-energy course designed to teach the fundamentals of indoor cycling
instruction

What Will I Study?

- Cycling techniques and endurance training
- Class structure and session planning
- Coaching and motivational techniques

Why Study Here?

- Hands-on training with professional guidance
- Industry-relevant certification

Entry Requirements

None

How To Apply

You can apply using our online application form and clicking the Apply Now button at the top of this page. For more information support with your enquiry or application please contact Student Services by emailing contact@nnc.ac.uk or by calling 01909 504500.

What Courses Can I Progress Onto?

Advanced group fitness instruction courses

Tuition Fees

Those aged 19 or over may not need to pay fees depending on their circumstances. Find out if you qualify.

If you need further advice or guidance please contact the Enquiries Team on **01909 504500** .

Additional Information

The course runs for four weeks.

PLEASE NOTE

We make every effort to ensure information within our online course directory is accurate and a true representation of the courses we are offering in 2024-25. However, we do reserve the right to make changes if necessary..

Last updated: 22nd February 2025