

Health and Social Care

Certificate in Mental Health Awareness ADULT

Campus: North Notts College - Retford Campus

Code: NACHS012

Level: 2

Type: Part Time

About This Course

An introductory course covering fundamental aspects of mental health and well-being.

What Will I Study?

• Mental health awareness

• Coping mechanisms and self-care

• Recognizing signs and symptoms

Why Study Here?

- Supportive learning environment

Experienced
instructors

Entry Requirements

None

How To Apply

Through the college website or on-site

What Courses Can I Progress Onto?

Mental
Health L3

Tuition Fees

Those aged 19 or over may not need to pay fees depending on their circumstances. Find out if you qualify for help with fees [<https://www.nnc.ac.uk/information/student-support/finance/course-fees/>].

If you need further advice or guidance please contact the Enquiries Team on **01909 504500**.

PLEASE NOTE

We make every effort to ensure information within our online course directory is accurate and a true representation of the courses we are offering in 2024-25. However, we do reserve the right to make changes if necessary..

Last updated: 5th February 2025